

*Welcome to Parc Spa at
Stradey Park Hotel*



SPA TREATMENT ETIQUETTE

Guests are asked to arrive at the spa at least 15 minutes before your appointment to discuss any possible medical conditions before your relaxing treatment. Late spa arrivals could result in a reduced treatment time.

A confidential medical consultation form must be filled in before treatment. This will be given upon hotel check-in, please present your completed form to your spa therapist. Due to certain medical conditions some treatments may be unsuitable, our therapists will offer an alternative spa treatment or advise you to contact your doctor to ensure you will not be putting your health at risk.

Please leave valuables in your room and remove any jewellery prior to your treatment.

Waxing is not recommended before or after any treatment.

Guests are provided with spa robes, please ensure you wear your swimwear for use of the spa.

For Gelish manicures or pedicures please ensure you remove any nail polish, removal by the therapist will be treated as your treatment time.

Please ensure mobile phones are either turned off or switched to silent in the relaxation rooms for the comfort of other guests.

SPA TERMS & CONDITIONS

Spa rooms and packages are subject to availability. We require a minimum of 24 hours notice in booking your spa break. Full payment by debit or credit card will be required at time of booking. Non-arrivals or cancellations advised within 48 hours prior to 9am of arrival date will incur full payment. Late arrival to treatment could result in a reduced treatment time, we recommend you arrive at least 15 minutes before your treatment. In the event of a therapist being delayed or unavailable at the requested date or time we will provide an alternative date for your treatment. Spa gift vouchers are non refundable.