

# PARC MENU



## Sandwiches and Jacket Potatoes

Home baked ham and cheese	£5.95
Smoked salmon and cream cheese	£6.50
Egg and cress	£4.95
Pembrokeshire turkey and stuffing	£6.50

*All of the above served with a side of coleslaw and crisps*

## Main Courses

<b>Char grilled 8oz Celtic pride sirloin steak</b>	<b>£15.95</b>
Served with baked tomato, mushrooms and homemade chips	
<b>Carmarthenshire beef burger topped with Welsh cheese</b>	<b>£8.95</b>
Served in a floured bap with homemade chutney and chips	
<b>Stradey Park creamy chicken and leek curry flavoured with warming spices</b>	<b>£10.50</b>
Served with naan bread, poppadoms, rice and chips	
<b>Moroccan lamb tagine flavoured with honey, spices and dried fruit</b>	<b>£11.95</b>
Served with pitta bread and couscous	
<b>Crab and salmon fish cakes in a coconut crumb</b>	<b>£8.95</b>
Served on a cucumber and coriander salad with chunky tartare sauce	
<b>Locally reared baked ham in a sweet mustard glaze with two fried eggs and chips</b>	<b>£9.50</b>
Served with a round of bread and butter	
<b>Taco shells filled with homemade chilli con carne</b>	<b>£9.95</b>
served with rice, chips and various dips	
<b>Taco shells filled with roasted vegetable chilli</b>	<b>£8.95</b>
served with rice, chips and various dips	

P.T.O

THE PARC MENU IS SERVED FROM 11AM - 11PM

## Salads

Chargrilled chicken ceaser salad	£8.95
Poached salmon hollandaise on a crisp market salad	£9.50
Toasted goats cheese on a pear and walnut salad	£8.50

## Side orders

Homemade chips	£2.75
Garlic bread	£2.50
Garlic bread topped with cheese	£2.75
Market garden salad	£2.95
Crispy battered onion rings	£2.50
Creamy peppercorn sauce	£2.25

## Snacks

Homemade Mediterranean bread, olive and sun dried tomato platter	£6.75
Nachos topped with salsa, sour cream, guacamole and melted Carmarthenshire cheese	£6.95
Local cheese ploughman's served with crusty bread and pickles	£7.50
Traditional hearty cawl with homemade bread and Teifi Caerphilly cheese	£6.95

## Desserts

Sticky toffee pudding	£3.95
Pineapple upside down pudding	£3.95
<i>Served with a choice of custard, cream or ice cream</i>	
Selection of locally made ice creams	£3.50
Please see our specials board for dessert specials	from £3.50



Connect with us and receive special dining offers.

[www.stradeparkhotel.com](http://www.stradeparkhotel.com)

Whilst all care is taken in the preparation of your food the following allergens can be present. Cereals containing gluten, crustaceans, fish, common nuts, soya beans, celery, mustard sesame seeds, sulfur dioxide and lupine (flour).